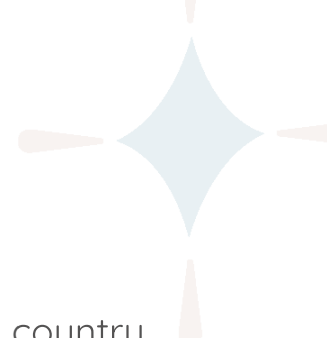




Sch Mission

CULTURAL EXCHANGE PROGRAM



Requirements and Information for Participation

1. To be between the ages of 18 and 27 and - depending on the country chosen - to have a basic knowledge of the language.
2. Costs covered by the program: lodging, 3 meals daily, bed linen, and towels.
3. Costs not covered by the program: travel costs and/or extra programs, and medical insurance expenses. All personal and medical expenses are the responsibility of the participants.
4. Weekly required volunteer time: between 3 and 5 hours per day*, with one free day a week and another half a day free. (The volunteer time covers the cost of lodging, meals, and linens)
5. Spiritual and personal formation. This takes place outside of volunteer hours, and the young women are expected to participate, since this is an essential part of the program.
6. Docility in complying with a schedule and accepting and following our safety recommendations.
7. Personal trips within the chosen country are not part of the program and must therefore take place either before or after the program.

(Volunteer hours may vary depending on the country chosen)

Required documents to be provided by the participant:

- A letter of reference from the Branch Moderator, if you belong to the Schoenstatt Girls and Young Women or, if not, a letter of reference from either a Schoenstatt Sister of Mary from your home country or a priest.
- Volunteer agreement: This is sent beforehand for the participant to read, but is printed out and signed on the first day of the program.

- Copy of the participant's medical insurance.
- Work accident insurance: The organization contracts this. The start and end dates of the program must be determined according to the participant's possibilities. The participant must reimburse this amount.

(The application for the volunteer agreement and the work accident insurance may vary according to the government regulations of the chosen country).

Notes:

- Each week, the participants have a day off to explore and relax. The weekly volunteer hours are arranged in such a way to ensure that the participants have the opportunity to see and explore the country's culture and to visit various places connected to the history of Schoenstatt.
- Participants may attend daily Mass with the Sisters' community. During their free time, they may also visit our shrines for personal prayer and/or Eucharistic adoration.
- There are also other possibilities for participating in the on-site activities of the Schoenstatt Girls and Young Women, according to the participant's interest.

Registration Process:

- **Registration Date:** at least three months before the starting date of the program through the Schoenstatt Sisters and/or Moderators from the respective countries. The sister and/or moderator who knows the young woman should send a letter of recommendation. Then the young woman may fill out the first form.
- **Selection:** will be made according to the number of available places and young women registered for the chosen country. The young women who will make the best use of this time will be selected. Availability for work and commitment to language study will be taken into account. In Germany, the countries' representativeness will be considered when distributing the quotas.
- **Confirmation:** The young women's participation in the program is confirmed when she sends the second form with more detailed information to the sister and/or moderator.

